

Australian Nurses' Cardiovascular and Hypertension Association Inc



THE KOROTKOFF SOUND

Newsletter of the Australian Nurses' Cardiovascular and Hypertension Association
Volume 11, Issue 3, August 2006

EDITOR'S NOTE

Hello everyone.

I trust that this edition finds you all well and I'm sure it also finds you busy. The financial year has come to an end and we are well and truly marching towards the end of the calendar year. With the demands put upon us (at work and home) we often place high expectations on ourselves and become disappointed when the results don't meet that expectation. I was pleasantly reminded by a quote on a desktop calendar that "knowledge advances in steps, not by leaps" (Lord Macaulay). A timely reminder to take things one step at a time.

Please enjoy this issue of the Korotkoff Sound...

Christine



2006

CONFERENCE UPDATE

The ANCHA conference will be held on Thursday 7th December 2006 (see preliminary program at end of newsletter).

The HBPRCA conference 6-8th December programme has been confirmed. ANCHA conference will join HBPRCA for the RD Wright lecture.

Conference Sponsorship has been donated by Sanofi-aventis, Servier, Pfizer and AND Medical. ANCHA committee acknowledge the importance of financial support provided by companies.



Remember all executive positions become vacant at the AGM. Nomination forms will be forwarded to you with the next newsletter. So all start thinking about this.

PRESIDENT'S REPORT

ANCHA committee are pleased to have been able to finalise the date of the conference. Plans for the conference at Princess Alexandra Hospital are progressing well. We hope to be able to provide delegates with an interesting day.

I have sent of a letter to Dr Stephen Harrap, HBPRCA conference organising committee (copy below), from ANCHA.

Remember if you need to reduce accommodation costs (especially for self or limited funding issues) **MY** home is open to all ANCHA members. I live 10 mins from the ANCHA venue and from the city.

Diane

MEMBERSHIP

Membership fees can be paid by cheque or money order to the Treasurer Jane Gillespie. Email: jane.gillespie@act.gov.au

REMEMBER... membership is from January to December. Fees are as follows:

- One (1) year membership - \$45.00
- Two (2) year membership - \$80.00

So, pay for two years and get the discount!

EXCITING NEWS / UNIT

UPDATES

If you have any exciting news (either personal or professional) please email me at Christine_Ossenberg@health.qld.gov.au. Don't be timid, we would all love to hear what's happening and share your excitement.

Some more exciting news from the PA Hypertension Unit. Plans are underway for our own Outpatient Clinical area to be located on the same floor as our offices and admitting ward (we don't currently have this). Both Diane and I are very excited as it means we will have all our resources in one place and not five floors apart.

SMART READ...

The following are this month's articles:

- The optimal scheme of self blood pressure measurement as determined from ambulatory blood pressure recordings. Verberk, W; Kroon, A; Kessels, A; et al. Journal of Hypertension, 24(8): 1541-1548, August 2006.
- The impact of the degree of obesity on the discrepancies between office and ambulatory blood pressure values in youth. Lurbe, E; Invitti, C; Torro, I; et al. Journal of Hypertension, 24(8): 1557-1564, August 2006.
- Blood Pressure and Stroke. Chalmers, J. Journal of Hypertension, 24 (7): 1249-1251.

If you have read any interesting/topical articles, please let us know.

CONTACT US



www.ancha.org.au

OR the High Blood Pressure Research Council website at www.hbprca.org.au

Dr Stephen Harrap
HBPRCA President
C/- Secretariat
Athina Patti
Meetingsfirst

28.8.2006

Dear Stephen

The Australian Nurses' Cardiovascular and Hypertension Association (ANCHA) is once again arranging our conference to coincide with the HBPRCA annual conference in December, in Brisbane. A room at the Carlton Crest had been booked for the ANCHA conference for a conjoint meeting with HBPRCA. However, the venue has been changed to the Princess Alexandra Hospital (PAH) as I will explain below.

ANCHA would like to continue the tradition of attending the RD Wright lecture (ANCHA conference date is determined by this lecture) and to stay on and join HBPRCA delegates for lunch (costed per ANCHA delegate not attending both meetings).

The morning theme for 2006 ANCHA conference is "Cardiovascular Disease and Hypertension and Diagnostic Imaging" and the afternoon session is "Respiratory and Hypertension." As I have worked at the PAH for 20 years and in Hypertension since 1995, I am in the fortunate position of being able to resource speakers for the day from the various diagnostic imaging departments and the Respiratory Unit of the hospital for example, Echocardiogram, Nuclear Medicine and the Vascular Laboratory. In addition, some ANCHA delegates from community or rural settings will have the opportunity to view an imaging suite if they wish. The venue change will reduce speaker (PAH staff) time away from their departments. ANCHA delegates will taxi to and from the HBPRCA Carlton Crest city venue.

As some ANCHA members fund their own conference arrangements, the opportunity for ANCHA members to attend the HBPRCA meeting at the student rate is definitely proving to be strongly supported. Several ANCHA members have already indicated they will be attending both conferences. On behalf of ANCHA members I would like to say how grateful we are for the support from HBPRCA.

Yours sincerely

Diane Cowley
ANCHA President
wk: (07) 3240 5405

hm: (07) 3848 1356

Email: Diane_Cowley@health.qld.gov.au

Preliminary Program

08:00 **Registration**

08:00 **Welcome**

Diane Cowley, ANCHA President

Morning Session

Chair: Di Robson

Theme: "**Cardiovascular Disease and Hypertension Diagnostic Imaging**"

8:40 **Guest Speaker – Associate**

Professor Michael Stowasser

"Diagnostic testing for Hypertension"

9:15 **Speaker – Professor Tom Marwick**

"Echocardiogram"

09:45 **Morning Tea**

10:00 **Speaker – Dr Harry Gibbs**

"Renal Artery Duplex Scan"

10:30 **Speaker - Michelle Jenkins**

"MAG 3"

11:00 Transport to HBPRCA Conference

11:30 **HBPRCA - RD Wright Lecture**

Professor Friedrich Luft

12:30 **Lunch**

0:00 Transport back to ANCHA

Conference

Afternoon Session

Chair: Helen Tully

0:00 **ANCHA Annual General Meeting**

0:00 **Dr ????**

"**Respiratory and Hypertension**"

0:00 **Afternoon Tea**

0:00 **Dr ????**

"**Obstructive Sleep Aponea**"

0:00 **WORKSHOP**

RESP-e-RATE

"**How used to assist in Hypertension**"

5:00 **ANCHA Executive Meeting**