

Australian Nurses' Cardiovascular and Hypertension Association Inc.



THE KOROTKOFF SOUND

Newsletter of the Australian Nurses Cardiovascular and Hypertension Association
Volume 12, Issue 1, February 2007

A NOTE FROM THE EDITOR

Hello everyone. I hope everybody had a wonderful Christmas and New Year period. It seems so far away now.

It was terrific catching up with everybody at the conference and finding out what each of you has been up to and the challenges you face. I trust the conference, all be it a short break away from routine, allowed you all to catch your breath temporarily while gaining useful information.

2007 has started for us at a frenetic pace. No gentle reintroduction to work after the holiday break here! I'm sure all of you are in the same boat. They say that there is no rest for the wicked...well we all must be very wicked!

Along with the start of 2007 comes the first issue of the Korotkoff Sound. Enjoy!

Regards
Christine

CONFERENCE NEWS

The 10th Annual ANCHA conference was held on the 7th December 2006 at the Princess Alexandra Hospital. This was held in conjointly with the HBPRCA conference 6th-8th December at the Carlton Crest Hotel. The conference was very successful in all its facets. Information presented by the speakers was not only relevant but reflected current research into each of the areas covered. A heartfelt thank you goes to Diane Cowley for the effort put into arranging the speakers and format of the day.

The 2007 HBPRCA Conference will be held in Adelaide, 5th-7th December 2007 at The Hilton Hotel. The ANCHA conference date is Friday 7th December 2007.

Committee members (voted at AGM)

President – Helen Tully
Vice President – Kim Ngan Do
Secretary – Margaret Ross
Treasurer – Mary Ryan
Newsletter Editor – Christine Ossenberg
Liaison - Diane Cowley

State Representatives

ACT Jane Gillespie
NSW Mary Ryan
VIC Anne Bruce
QLD Di Robson
SA Dawn Gunn
WA (open)

PRESIDENT'S REPORT

The in-coming president would like to thank the outgoing President, Di Cowley for her dedicated hard work towards ANCHA over the years. Thank you for the role model – hope I can make the gold standard.

Welcome to the new committee members and state reps, thanking Jane Gillespie the former treasurer. Looking forward to making the 11th ANCHA Conference in South Australia a memorable and learning experience for all of us.

Keep in touch with each other and use this space as the Nurse's Tea room.

Cheers to you all
Helen

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MEMBERSHIP

A number of members renewed their membership at the conference. Receipts will be forthcoming. For those who will need to do so later, contact the treasurer – Mary Ryan. Mary can be contacted via email at mandmryan@optusnet.com.au.

Membership is January to December.
Fee schedule as follows:
1 year - \$45.00
2 years - \$80.00.
Please contact Mary if you have any queries about membership.

CONTACT US

www.ancha.org.au OR
www.meetingsfirst.com.au



EXCITING NEWS / UNIT

UPDATES

If you have any exciting news (personal or professional) please email me at Christine.Ossenberg@health.qld.gov.au.

SMART READ

Three articles this issue...

1. European Society of Hypertension recommendations for conventional, ambulatory and home blood pressure measurement. E. O'Brien, R. Asmar, L. Beilin, et al. *Journal of Hypertension* 21 (2003), pp. 821-848.
2. How to cope with unreliable office blood pressure measurement? (editorial) G. Stergiou. *American Journal of Hypertension* 18 (2005), pp. 1519-1921.
3. Misclassification of blood pressure by usual measurement in ambulatory physician practices. *American Journal of Hypertension* 18 (2005), pp. 1522-1527.