



THE KOROTKOFF SOUND

Newsletter of the Australian Nurses Cardiovascular and Hypertension Association
Volume 12, Issue 3, August 2007



FROM THE

EDITOR'S DESK

Hello all. I hope that you all are surviving the winter chills and its associated germs. We have had (and continue to have) a strange winter in Queensland, with temperatures plummeting very suddenly for a good couple of weeks and now experiencing day time temperatures up to 26°C+.

Our Royal National Show (aka 'the Ekka') is upon us and with it traditionally comes westerly winds (I do say 'traditionally' as we haven't had them yet), so I'm sure our temperatures will drop again and with it another round of germs of which my children will probably share with me...again!

As I don't do winter well, it has been a real challenge to get out from under my warm covers and participate enthusiastically in life before lunch. However, this edition of The Korotkoff Sound is suitable for reading in bed or by the heater. Enjoy.

Cheers Christine

CONFERENCE NEWS

The 11th Annual ANCHA conference is swiftly approaching and will be held in Adelaide on Friday 7th December 2007 in conjunction with the HBPRCA conference (5th - 7th December). The venue for the ANCHA conference will be the Adelaide Hilton.

As with previous years, we will join the HBPRCA for the RD Wright lecture on Friday 7th December. The HBPRCA RD Wright lecturer is Professor Guido Grassi from the University of Milano-Bicocca, Italy.

This year's ANCHA conference theme is "Managing Hypertension and Cardiovascular Disease in Rural Practice". Speakers for the conference have been confirmed.

All conference enquiries and registrations for the 2007 ANCHA conference will go through the ANCHA treasurer – Mary Ryan. Mary can be contacted by:
Telephone - 0425 264 614
Fax - 01 9419 2447
Email -
mandmryan@optusnet.com.au
Mary will forward and invoice for payment to the delegate. A letter

of confirmation and receipt will be sent to the delegate.

For those wanting to make more of the visit to Adelaide than just the conference, visit the South Australian tourism commission website www.southaustralia.com or call the South Australia travel centre on 1300 366 770 for accommodation enquiries. Another useful website is www.wotif.com.

AGM nomination forms (attached to the newsletter) need to be sent to the secretary Margaret Ross-Styles by 5pm on Tuesday, 20th November 2007. Margaret's email: mstyles@nscchahs.health.gov.au.

Sponsorship for the conference is currently being pursued by the Secretary. Letters will be forwarded to sponsors.

CONFERENCE FEES

2007 ANCHA conference fees:

Early bird registration - \$130.00
Standard registration - \$150.00

IMPORTANT – Early bird registration will be accepted to close of business **Tuesday 20 November 2007**. Full fees will be applicable after this date.

PRESIDENT'S NOTE

Hi Everybody...

Yes our ANCHA conference in Adelaide is fast approaching and we are looking forward to the "city of churches and sample some of the local vino" and of course hearing our speakers talk about hypertension and cardiovascular

disease in this vast 984,277sq km of South Australian rural setting. Our Speakers who have confirmed are -

- Professor Nigel Stocks – Head, Discipline of General Practice, University of Adelaide.
- Dr Peter Joyner – Rural GP, Mallee Country
- Litza Graham – Nurse Ambassador SA National Heart Foundation

Dawn Gunn and Practice Nurses will be leading the conference workshop in the pm session and share with us some of their experiences.

We will be organising a dinner with ANCHA group, Dawn and the Nurses from the Mallee Area on Thursday night the 6th December somewhere local to where we will be staying. Details to follow.

The HBPRCA will holding their dinner on the Wednesday night if anybody from ANCHA would like to attend there will be \$30 subsidy offered by ANCHA. Please go to www.meetingsfirst.com.au site for details.

I will keep in touch with changes and developments with the conference.

Looking forward to us all meeting again, can't believe it's been nearly a year!

P.S. I will heading o/s Sept 2nd till Oct 17th.

"Keep the Pressure Down"

Cheers Helen.



MEMBERSHIP

Membership fees are to be paid to the Treasurer (Mary Ryan) and are from January to December. Mary can be contacted via email at mandmryan@optusnet.com.au or by phone on 0425 264 614.

Payment is by cheque or money order and made payable to 'ANCHA'.

EXCITING NEWS / UNIT

UPDATES

Please email me at Christine_Ossenberg@health.qld.gov.au if you have any great news to share. This is a way that we can all share in and support each others' (work and non-work) achievements no matter how small they may seem.

SMART READ

Diagnosis and Management of Renovascular Disease and Renovascular Hypertension. M J Bloch, J Basile. Journal of Clinical Hypertension 2007: 9:381-389.

Prognostic superiority of daytime ambulatory over conventional blood pressure in four populations: a meta-analysis of 7030 individuals. T W Hansen, M Kikuya, L Thijs, et al. Journal of Hypertension 2007, 25:1554-1564.

Ambulatory blood pressure: facilitating individualized assessment of cardiovascular risk. J S Floras. Journal of Hypertension 2007. 25: 1565-1568.



CONTACT US

www.ancha.org.au OR
www.meetingsfirst.com.au